

**The School District of Palm Beach County
School Food Service Department**

**Commit 2B Fit Academic Journals (FY 2012-2013)
Principal Survey
October 2012**

1. Were the Commit 2B Fit® academic journals delivered on time for the start of the 2012-2013 school year?
 - **100%** stated Yes
2. Was your instructional staff pleased with the quality and layout of the Commit 2B Fit® academic journal?
 - **100%** stated Yes
3. Did the content of the Commit 2B Fit® academic journal meet the needs of your student population and instructional staff?
 - **100%** stated Yes
4. Do you believe that your staff and students are using the Commit 2B Fit® academic journals as intended; to encourage physical activity, healthy eating habits, oral health and goal setting?
 - **97.8%** stated Yes
 - **2.2%** stated No
5. Do you believe that your students, parents and staff are benefiting from the "Eating for FCAT Success", "Character Counts" and "STOP Bullying" information contained in the Commit 2B Fit® academic journal?
 - **100%** stated Yes
6. Do you believe that your instructional staff received sufficient support and benefited from the TrainU training from Commit 2B Fit® in order to implement the program successfully at your school?
 - **95.7%** stated Yes
 - **4.3%** stated No

7. Please provide any additional comments and/or recommendations:

- Thank you for this support!
- We appreciate and value the Commit2BFit agenda planners and hope to continue the partnership for many years to come. Thanks for the pedometers for our Walk to school day in September!
- Our Physical Education Teachers appreciate the support from Commit 2B Fit as they connect home to school for students to practice healthy habits through the planners.
- We love our agendas!
- Thank You for your support
- Thank you!
- Thank you
- It is a wonderful program.
- The program is working well with our fruit and vegetable program and our health grant.
- The Train U training was a better way to get the teachers trained!
- None at this time
- Please update Galaxy Principal for the Journal.
- It is difficult to fit in any extra time to go over the planner contents on a daily basis. I feel that the students find the facts interesting. Hopefully, their parents do to.
- Glad to be a part of Commit 2B Fit :-)
- THANK YOU for providing the planners for us. I have heard students talking about them at lunch and at PE. Parents appreciate them as well and have made comments about the positive communication and help they provide. THANKS!
- The journals have somewhat forced my teachers to be more cognizant of physical activity, healthy eating habits, oral health and goal setting as it relates to their students. Thank you!
- Not in favor of any additional programs
- Outstanding program.
- More teaching resources for the teacher edition. Lower prices for the primary journals so that the program can be utilized school wide
- We appreciate the Commit 2B Fit agendas and the support that the Wellness Committee provides us!
- Would like to see for the primary grades as well.
- My Guidance Department uses the bullying section as part of the guidance rotation. I am delighted that you provide these for us.
- My teachers love these planners and use them every day with our students and families. Thank you
- We love them. Thank you!